

Our Philosophy

At Olympus Recovery, we recognize the needs and experiences of each individual client and our program was designed with that in mind. Our experienced clinical staff was expertly hand-picked and includes Master's level clinicians who treat our clients with the utmost respect. We are an intimate facility that is creating excellence by staying with the basics. Our curriculum-based program was created with decades of experience in substance abuse treatment and will help each of our clients reach new heights in their recovery.



2226 West Atlantic Ave.
Delray Beach, FL 33445

If you or a loved one are struggling,
please contact us today.

(866) 305-7134

ALL CALLS CONFIDENTIAL

Cash Pay Options Available

Info@olympusrecovery.com



@OlympusRecovery



@OlympusRecovery



Extraordinary PHP & IOP Programs

A program designed to change your life.
Your journey to recovery starts here!

Contact Us Confidentially for More Information

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 info@olympusrecovery.com



As a recovery center that specializes in substance use disorders, we have an evidence-based curriculum that is at the core of our programming. At Olympus, we can help you reach new heights in your recovery.

What We Offer

We offer PHP and IOP programs with small group sizes. Our staff includes specialized trauma, sex, and mindfulness therapists who serve our clients both individually and in a group setting. Some of the treatments and therapies we offer include:

- EMDR (Eye Movement Desensitization and Reprocessing)
- CBT (Cognitive Behavioral Therapy)
- DBT (Dialectical Behavioral Therapy)
- MAT (Medication-Assisted Treatment)
- Suicide Awareness
- Lifeskills

Our Services

Olympus Recovery treats addiction and the underlying issues that fuel it. We recognize the needs and experiences of each individual client, and our program was designed with that in mind.

Curriculum-Based Therapies

We offer curriculum-based therapies and interventions such as Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Behavioral Therapy (CBT), and Dialectical Behavioral Therapy (DBT) which can help treat trauma and mood disorders, improve emotional regulation, and can be useful for change in behavioral patterns that come with substance abuse.

Adventure Therapy

Clients are given the opportunity to paddleboard the Intracoastal Waterways, snorkel the nearby reefs, and practice meditation in the Labyrinth along with a licensed therapy team to help process the intensive therapy done while participating in the clinical work.

Medication-Assisted Treatment

MAT is primarily used to treat addiction to opioids including heroin and prescription pain relievers. Medications such as Suboxone help reduce the physiological cravings, withdrawal symptoms and normalize body functions and brain chemistry.

First Responder Care

We offer a dedicated first responder program that includes EMDR and DBT treatment, as well as a specialized trauma therapist to help these men and women cope with the stressors of their job.

Alumni & Aftercare

At Olympus Recovery, we know that maintaining a relationship with our alumni can help reduce the occurrence and severity of relapse as well as reminding them that they're never alone and we will be here for them for as long as they need us. When speaking with former clients, Alumni Coordinators work to ensure open lines of communication and determine if clients are maintaining a healthy, sober lifestyle.

Residences

Community support is incredibly important throughout early recovery. Our clients will enjoy a shared living space in our beautiful garden apartments that feature a full-sized kitchen as well as a washer and dryer. The property also includes a clubhouse and pool.

